



**2024 TERM 2 PROGRAM**  
**15 APR - 28 JUN**



89-101 Oakgrove Dr, Narre Warren South, VIC 3805  
9704 2781 | [office@oakgrovecc.org.au](mailto:office@oakgrovecc.org.au) | [oakgrovecc.org.au](http://oakgrovecc.org.au)

 [oakgrovecc.org](https://www.facebook.com/oakgrovecc.org)  [oakgrove3805](https://www.instagram.com/oakgrove3805)



# CENTRE INFORMATION

## 01

### MEMBERSHIP

All participants involved in the OCC run courses, programs or activities are required to be members of the Centre

Membership cost is \$6.00 per annum per Family.

## 02

### ENROLMENTS

- In person
- By mail
- Payment can be taken over the phone
- EFTPOS available

## 03

### SHORT COURSE FEE

Full course fee for programs or activities are due when enrolling.

## 04

### CANCELLATIONS

The Centre may at times cancel a course if the minimum class numbers are not achieved. If this occurs, you will be contacted in advance and all fees paid will be refunded.

## 05

### REFUNDS

A full refund will be given if the centre is notified 5 working days prior to the commencement of the course.

Missed classes will not be considered for discount or refund.

## 06

### CONTACT US

89-101 Oakgrove Dr, Narre Warren  
South, VIC 3805  
(03) 9704 2781

[office@oakgrovecc.org.au](mailto:office@oakgrovecc.org.au)

## MONDAY

15 APR - 24 JUN

### EVERYDAY ENGLISH

9.30am-2.30pm

Contact: Megan

coordintor@springvalelac.org.au

### ADULT SEWING

9.30am-12.00pm

OCC Office: 9704 2781

### AMES AUSTRALIA

9.30am-2.30pm

Contact: Rakesh; (03) 8558 8877

### OKIE DOKIE DANCE

4.00pm-5.00pm(8-12yrs)

Contact: Naomie; 0447 266 554

### ART CLASSES WITH VIV

4.15pm-5.15pm(6-10yrs)

5.30pm-6.30pm(11-14yrs)

OCC Office: 9704 2781

### IDEAL TUITION CENTRE

5.00pm-8.00pm

Contact: Sobha; 0423 671 154

ravikallunkal12@gmail.com

### KATHAK DANCE

6.30pm-8.30pm (1 hr session)

Contact: Shika; 0450 228 954

## TUESDAY

16 APR - 25 JUN

### GENTLE YOGA

8.00am-9.00am

OCC Office: 9704 2781

### CHEEKY MONKEYS PLAYGROUP

CONTACT: VERSALEARN; 1300 787 404

### NATURE PLAYGROUP

OCC Office: 9704 2781

9.30am-11.30am

### LINE DANCING

9.30am-11.30am

OCC Office: 9704 2781

### COMPUTERS FOR HOME & WP

9.30am-12.00pm

OCC Office: 9704 2781

### OKIE DOKIE DANCE

4.00pm-4.45pm(5-7yrs)

5.00pm-5.30pm(2-4yrs)

Contact: Naomie; 0447 266 554

### STEM BIRDS

5.00pm-6.00pm

Contact: Shalaka; 0469 084 649

learn@stembirds.com.au

### VADI (DANCE)

6.30pm-8.30pm

Contact: Amrutha; 0469 546 652

vadispace@gmail.com

### ZUMBA FITNESS

7.30pm-8.30pm

Contact: Nishi; 0433 880 020

## WEDNESDAY

17 APR - 26 JUN

### FACILITATED PLAYGROUP

9.30am-11.30am

OCC Office: 9704 2781

### AMES AUSTRALIA

9.30am-2.30pm

Contact: Rakesh; (03) 8558 8877

### WOMEN'S WELLBEING GROUP

10.00am-12.00pm

OCC Office: 9704 2781

### ADULT SEWING

12.30pm-3.00pm

OCC Office: 9704 2781

### FRENCH LANGUAGE CLASSES

4.30pm-5.15pm(4-6yrs)

5.30pm-6.30pm(7-10yrs)

OCC Office: 9704 2781

### OKIE DOKIE DANCE

5.30pm-6.15pm(Adults)

4.00pm-4.45pm(13-16ys)

Contact: Naomie; 0447 266 554

### IDEAL TUITION CENTRE

5.00pm-8.00pm

Contact: Sobha; 0423 671 154

ravikallunkal12@gmail.com

### ZUMBA FITNESS

7.30pm-8.30pm

OCC Office; 9704 2781

**THURSDAY**

**18 APR - 27 JUN**

**ADVENTURE PLAY**

10.00am-12.00pm (up-to 5 yrs)  
OCC Office: 9704 2781

**AMES AUSTRALIA**

9.30am-2.30pm  
Contact: Rakesh; (03) 8558 8877

**EVERYDAY ENGLISH**

9.30am-12.30pm  
Contact: Megan  
coordintor@springvalelac.org.au

**BOLLYWOOD DANCING**

5.30pm-6.30pm (3-6yrs)  
Contact: Shashila; 0450 488 312

**CHESS 6 (NEW)**

Thu & Sun, 4.15pm-5.45pm  
Contact: Vineetha; 0430 666 727  
vineetha.wijesuriya@gmail.com

**VADI (DANCE)**

6.30pm-8.30pm  
Contact: Amrutha; 0469 546 652  
vadispac@gmail.com

**FRIDAY**

**19 APR - 28 JUN**

**MOBILITY FITNESS FOR WOMEN**

9.30am-10.30am  
OCC Office: 9704 2781

**BOOMERANG BAGS SEWING GROUP**

10.00am-12.00pm  
OCC Office: 9704 2781

**MYTIME**

10.00am-12.30pm  
Contact: Kate; 0413 091 651  
katier@mytimevic.com.au

**CONNECTING MUMS**

11.30am-2.30pm  
OCC Office: 9704 2781

**WHEATFIELD ART**

4.15pm-5.45pm  
Contact: Joseph; 0423 253 268  
info@wheatfieldart.com

**SYNERGIA-MOVE WITH HARI**

6.30pm-8.30pm (1 hr) (6+ yrs)  
Contact: Hari; 0406 515 950

**VENUE HIRE @ OAKGROVE**

Come, Celebrate with us!  
OCC Office: 9704 2781  
office@oakgrovecc.org.au

**SATURDAY & SUNDAY**

**20 APR - 30 JUN**

**BAHAI'S CHILDREN'S CLASSES**

10:00am-11:00am  
Contact: Sarah  
sarah.mehranfar@gmail.com

**ARABIC LANG SCHOOL**

Sat, 10.30am-1.30pm  
shattry@yahoo.com  
safaa\_saa@yahoo.com

**HEALING WITH NICOLE**

Every 3rd Sat  
2.30pm-4.30pm  
Contact: Nicole; 0411 864 533

**CREATIVE ARTS WORKSHOP**

Every 1st Wed & 3rd Sat  
7.00pm-9.00pm; 2.30pm-4.30pm  
Contact: Kat ; 0491 938 972

**IDEAL TUITION CENTRE**

Sun, 5.00pm-8.00pm  
Contact: Sobha; 0423 671 154  
ravikallunkal12@gmail.com



# ART & CRAFT PROGRAMS

## ART CLASSES WITH VIV

Our tutor Viv is excited to share her skills with children, nurturing their artistic talent.

**Days:** Monday (from 15 Apr)  
**Time:** 4.15pm-5.15pm(6-10yrs)  
5.30pm-6.30pm(11-14yrs)  
**Cost:** \$150 for 10 classes (All materials included in the cost)  
**Contact:** OCC Office, (03) 9704 2781



## WHEATFIELD ART

Developing creative expression through visual arts.

**Days:** Friday  
**Time:** 4.15pm-5.45pm  
**Contact:** Joseph; 0423 253 268  
[info@wheatfieldart.com](mailto:info@wheatfieldart.com)

## CREATIVE ARTS WORKSHOP

Unwind and connect with others during these fun and relaxing creative arts workshops.

**Days:** 1st Wednesday & 3rd Saturday  
**Time:** 7.00pm-9.00pm & 2.00pm-4.00pm  
**Contact:** Katrina; 0491 938 972  
[creatyourhappiness.kat@gmail.com](mailto:creatyourhappiness.kat@gmail.com)



# CHILDREN & YOUTH PROGRAMS

## IDEAL TUITION CENTRE

Tuition classes from Gr 1 to 12 (VCE), NAPLAN test Coaching (Gr 3, 5, 7 & 9), Scholarship Exams Coaching (Gr 5&6), Special Coaching for SEAL Program (Gr 5&6).

Days: Monday, Wednesday & Sunday

Time: 5.00pm-8.00pm

Contact: Sobha; 0423 671 154  
ravikallunkal12@gmail.com

## STEM BIRDS

An educational organisation specialising in coding and robotics classes. Provides a stimulating and engaging learning experience for children, fostering their passion for technology.

Days: Tuesday

Time: 5.00pm-6.00pm

Contact: Shalaka, 0469 084 649  
learn@stembirds.com.au

## CHESS 6

Great opportunity for children to learn Chess. Specially catered program to develop focus, thinking & problem-solving skills among children.

Days: Thursday, Sunday

Time: 4.15pm-5.45pm

Contact: Vineetha, 0430 666 727  
vineetha.wijesuriya@gmail.com

# COMPUTER SKILLS PROGRAMS



## COMPUTERS FOR HOME & WP

Covers basic computer skills like online security, internet access, emails, social media, MS Office, etc. Laptops are provided. Run in partnership with Doveton Neighbourhood House.

Days: Tuesday (from 16 Apr)

Time: 9.30am-12.00pm

Cost: \$20 per term

Contact: OCC Office, (03) 9704 2781

# CULTURE & LANGUAGE PROGRAMS

## FRENCH LANGUAGE CLASSES

Days: Wednesday (from 1 May)

Time: 4.30pm-5.15pm(4-6yrs)

5.30pm-6.30pm(7-10yrs)

Cost: \$160 or \$200 per term

Contact: OCC Office, (03) 9704 2781

## ARABIC LANGUAGE SCHOOL

Days: Saturday

Time: 10.30am-1.30pm

Cost: Pls enquire as stated below

Contact: shattry@yahoo.com

safaa\_saa@yahoo.com

## BAHA'I CHILDREN'S CLASSES

The goal of spiritual education is to cultivate in children, spiritual qualities such as love, forgiveness and justice and to help them apply these qualities to their own lives and those around them.

Days: Sunday

Time: 10.00am-11.00am

Age: 3-11 yrs

Contact: Sarah

sarah.mehranfar@gmail.com

# HEALTH & WELLBEING PROGRAMS

## GENTLE YOGA

The class is inclusive of strength training, flexibility training and power yoga along with relaxing techniques.

Days: Tuesday (from 16 Apr)

Time: 8.00am-9.00am

Cost: \$50 per term or \$7 per session

Contact: OCC Office, (03) 9704 2781



## LINE DANCING

Come and enjoy some boot scooting fun with Meika. Great for beginners and experienced alike, no partner required..

Days: Tuesday (from 16 Apr)

Time: 9.30am-11.30am

Cost: \$5 per session

Contact: OCC Office, (03) 9704 2781



## MOBILITY FITNESS FOR WOMEN

No excuse not to exercise, especially when you're in a safe space & trained by a qualified PT Deepa from Deeper Connections.

Days: Friday (from 19 Apr)

Time: 9.30am-10.30am

Cost: \$10 per session or \$80 for a 10 week term

Contact: OCC Office, (03) 9704 2781



## ZUMBA FITNESS

There are a lot of ways to lose weight, some are just more fun. Join the ultimate Dance-Fitness party that beats a boring old.

Days: Tuesday & Wednesday (from 16 Apr)

Time: 7.30pm-8.30pm

Cost: \$12 per session or \$90 for a 10 week term

Contact: Nishi, 0433 880 020  
OCC Office, (03) 9704 2781

# PERFORMING ARTS

## VADI (DANCE)

Learn South Indian and North Indian cinematic dance moves, whilst keeping yourself active

Days: Tuesday & Thursday  
Time: 6.30pm-8.30pm (1 hr)

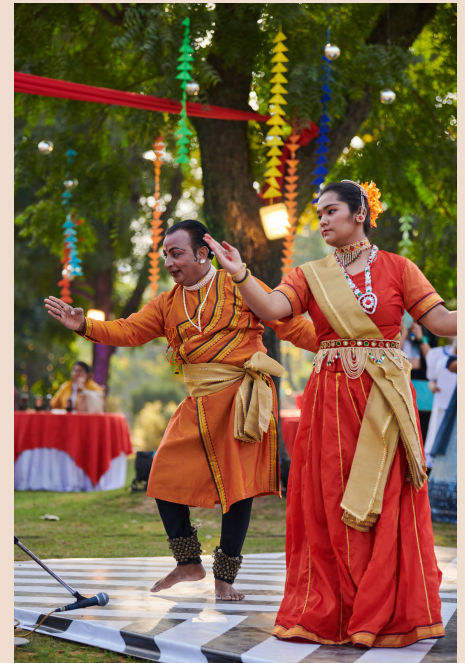
Contact: Amrutha, 0469 546 652  
vadispace@gmail.com



## KATHAK DANCE

Known as Indian ballet, a classical dance form with beautiful expressions, hand gestures & intense footwork which makes it look magical.

Days: Monday  
Time: 6.30pm-8.30pm (1 hr)  
Contact: Shikha, 0450 228 954



## OKIE OKIE DANCE

Hip-Hop dance sessions for both boys and girls.

Day/Time:  
Monday:4.00pm-5.00pm(8-12yrs)  
Tuesday:5.00-5.30pm(2-4yrs)  
Tuesday:4.00pm-4.45pm(5-7yrs)  
Wednesday:4.00pm-4.45pm(13-16yrs)  
Wednesday:5.30pm-6.15pm(Adults)  
Contact: Naomie, 0477 266 554



## SYNERGIA-MOVE WITH HARI

Join Hari to discover your rhythm and dance to indian blockbusters.

Days: Friday  
Time: 6.30pm-8.30pm(6yrs+)  
Contact: Hari, 0406 515 950



## BOLLYWOOD DANCING

Join Shashila, a professional dancer & dance to Bollywood tunes.

Days: Thursday  
Time: 5.30pm-6.30pm  
Contact: Shashila, 0450 488 312



# PLAYGROUPS

## FACILITATED PLAYGROUP

The sessions are semi-structured with craft activities, songs, a story time segment and outdoor play.

**Days:** Wednesday (from 17 Apr)  
**Time:** 9.30am-11.30am  
**Age:** Up to 4 yrs old  
**Cost:** \$90 per term (Discounts apply for more than 1 child)  
**Contact:** OCC Office, (03) 9704 2781



## CHEEKY MONKEYS PLAYGROUP

For children who benefit from support with communication skills - Led by speech pathologists who help parents practice strategies to use at home.

**Days:** Tuesday  
**Time:** 9.30am-11.30am  
**Contact:** Versalearn; 1300 787 404



## NATURE PLAYGROUP

Connect kids to nature through fun activities and unstructured play.

**Days:** Tuesday (from 16 Apr)  
**Time:** 9.30am-11.30am  
**Age:** 1-5 yrs  
**Cost:** \$90 per term (Discounts apply for more than 1 child)  
**Contact:** OCC Office, (03) 9704 2781



## ADVENTURE PLAYGROUP

Incorporates intergenerational music, art and cultural play and brings together the young and young at heart.

**Days:** Thursday (from 18 Apr)  
**Time:** 10.00am-12.00pm  
**Cost:** \$5/session or \$45/term  
**Contact:** OCC Office, (03) 9704 2781

# SOCIAL & SUPPORT PROGRAMS

## HEALING WITH NICOLE

Women's circle sessions titled 'Afternoon Unwind' for women, include some gentle mindful movement, a beautiful guided meditation, self reflection through journaling, calming breathing techniques and a lovely sound healing.

Days: Every 3rd Saturday  
Time: 2.30pm-4.30pm  
Contact: Nicole, 0411 864 533

## ADULT SEWING CLASSES (PRE-ACCREDITED)

Learn the basics or enhance your sewing skills while practicing your conversational English.

Days: Monday & Wednesday  
(from 15 Apr)  
Time: 9.30am-12.30pm &  
12.30pm-3.00pm  
Cost: \$20 per Term  
Contact: OCC Office, (03) 9704 2781

## BOOMERANG BAGS SEWING GROUP

Connecting communities, making bags, diverting waste, starting conversations, fostering sustainable behaviour and having a bit of fun!

Days: Friday (Fortnightly)  
Time: 10.00am-12.00pm  
Cost: FREE  
Contact: OCC Office, (03) 9704 2781

## MYTIME

For all parents and carers of children under the age of 18 with a disability, chronic medical condition or other additional needs.

Days: Friday (fortnightly)  
Time: 10.00am-12.30pm  
Contact: Kate, 0413 091 651  
kate@mytimevic.com.au  
<https://www.mytime.net.au/>

## CONNECTING MUMS (NEW)

Make new friendships while performing activities like sewing, fitness, music, art & craft, etc. along with Health Information Sessions. Refreshments provided.

Days: Friday (from 19 Apr)  
Time: 11.30am-2.30pm  
Cost: FREE  
Contact: OCC Office, (03) 9704 2781

## WOMEN'S WELLBEING GROUP

Connect, make friends and learn new skills. Find employment/entrepreneurship pathways and access necessary support services.

Days: Wednesday (from 17 Apr)  
Time: 10.00am-12.00pm  
Contact: OCC Office, (03) 9704 2781

## ENGLISH & CITIZENSHIP

Citizenship test preparation including Dari translation. The afternoon class covers conversational English, reading and writing.

Days: Monday & Thursday  
Time: 9.30am-2.30pm  
9.30am-12.00pm  
Contact: Megan  
coordinator@springvalelac.org.au

## AMES AUSTRALIA

Training to assist job seekers with English as an Additional Language (EAL) curriculum to cater for the students' Language, Literacy and Numeracy needs.

Days: Monday / Wednesday /  
Thursday & Friday  
Time: 9.30am-2.30pm  
Contact: Rakesh, (03) 8558 8877



# E V E N T S

## MOTHER'S DAY

**8 MAY, Wednesday**

This is your day! Come and join us mums, to be pampered to the core with food and entertainment.



## BIGGEST MORNING TEA

**19 JUN, Wednesday**

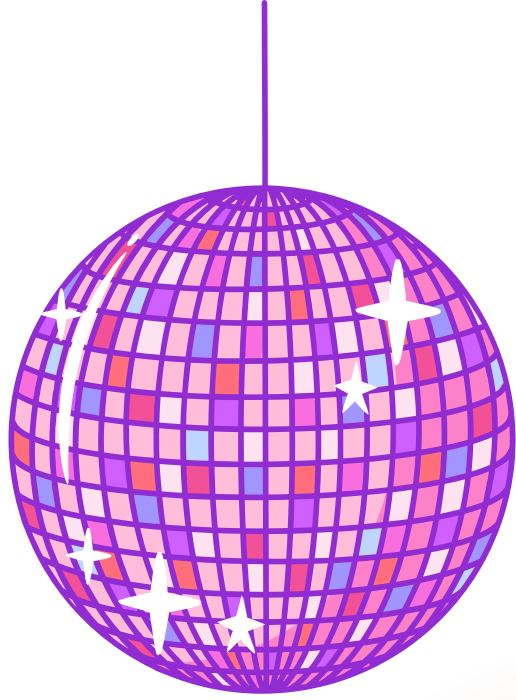
An excellent opportunity to unwind and have open conversations with people in the community. Make friends seamlessly while enjoying your morning tea @ Oakgrove!



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# VENUE HIRE @ OAKGROVE

*celebrate  
with us!*



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