



# **PROGRAM GUIDE**

**TERM 1 2024** 

Monday 5 February to Thursday 28 March

## **CENTRE INFORMATION**

#### **MEMBERSHIP**

The Oakgrove Community Centre is an Incorporated Association. All participants involved in Oakgrove Community Centre run courses, programs or activities are required to be members of the Centre.

Membership cost is \$6.00 per annum per Family.

## **ENROLMENTS**

Enrolments can be made:

By visiting the Centre

By mail, complete the enrolment form (available on the website) and together with payment forward to the Centre.

Eftpos facilities are available.

## **SHORT COURSE FEES**

Full course fees for programs or activities are due when enrolling.

## **CANCELLATIONS**

The Centre may at times cancel a course if the minimum class numbers are not achieved. If this occurs, you will be contacted in advance and all fees paid will be refunded.

### **REFUNDS**

A full refund will be given if notification is received 5 working days prior to the commencement of the course.

There is no discount or refund for missed classes.

## **ART & CRAFT PROGRAMS**

#### **ART CLASSES WITH VIV**

Art Classes are all about having fun and being creative. Our tutor Viv is excited to share her skills with children, nurturing their artistic talent.

Days: Monday (Starting 5th February for 7 weeks-no class on 11th March)

Time: 4.15pm to 5.15pm(6-10 yrs) and 5.30pm to 6.30pm(11-14 yrs)

Cost: \$105 for seven classes (All Materials included in the cost )

\$6 Membership Fees per annum applies

For enquiries and bookings contact the Office on (03) 9704 2781.

### **CREATE YOUR HAPPINESS- CREATIVE ARTS WORKSHOPS (NEW)**

Explore your creative side, unwind and connect with others during these fun and relaxing creative arts workshops. Suitable for adults.

No experience necessary.

Days: First Wednesday (Every month from 6th March) &

Third Saturday (Every month from 17th February)

Time: 7.00pm to 9.00pm &

2.00pm to 4.00pm respectively

For enquiries and bookings, please contact Katrina on 0491 938 972 or createyourhappiness.kat@gmail.com



# **ART & CRAFT PROGRAMS**

## **KIDS AFTER SCHOOL FUN CLUB (NEW)**

Come along and engage in fun craft activities each week, including Bookmarks, Card Making, Keyrings plus much more.

Days: Tuesday (Starting 5th March for 4 weeks)

Time: 4.00pm to 5.00pm

Cost: \$40 (\*\$6 Family Membership Fees per annum applies)

For enquiries and bookings contact Office on (03) 9704 2781.

## WHEATFIELD ART (NEW)

Joseph and Sarah will be running these sessions, developing creative expression through visual arts.

Days: Friday (Starting 2nd February)

Time: 4.15pm to 5.45pm

For enquiries and bookings contact Joseph on 0423 253 268 or email info@wheatfieldart.com

# **CHILDREN & YOUTH PROGRAMS**

#### **IDEAL TUITION CENTRE**

Specialising in Tuition Classes from Gr 1 to Gr 12 (VCE), NAPLAN Test Coaching (Gr 3, Gr 5, Gr 7 & Gr 9), Scholarship Exams Coaching (Gr 5 & Gr 6), Special Coaching for SEAL Program (Gr 5 & Gr 6).

Days: Monday, Wednesday and Sunday (Starting 29th January)

Time: 5.00pm to 8.00pm

For enquiries and bookings, please contact Sobha on 0423671154 Or email ravikallunkal12@gmail.com.

## STEM BIRDS (NEW)

Stem Birds is an educational organization specializing in coding and robotics classes, committed to providing a stimulating and engaging learning experience for children, fostering their passion for technology, and equipping them with future-ready skills.

Days: Tuesday (Starting 6th February)

Time: 5.00pm to 6.00pm

For enquiries and bookings, contact Shalaka Ph: 0469084649 or email learn@stembirds.com.au



# **COMPUTER SKILLS PROGRAM**

## COMPUTERS FOR HOME AND WORKPLACE (PRE-ACCREDITED)



This eight week course will cover Basic Computer skills like:

- Online security
- Internet access
- safe browsing
- Emails
- Social media
- Using the cloud
- MS Office etc.

Laptops will be provided,.

Run in partnership with Doveton Neighbourhood House.

Days: Tuesday (Starting 6th February)

Time: 9.30am to 12.00pm

Cost: \$20 per term (Membership Fees of \$6.00 per annum applies)

For enquiries and bookings contact the office on 97042781.

## **CULTURE AND LANGUAGE PROGRAMS**

## FRENCH LANGUAGE CLASSES (New)

Days: Wednesday (Starting from 7th February)
Time: 4.30pm to 5.15pm (4-6 years) &

5.30pm to 6.30pm (7-10 years)

Cost: \$160 or \$200 for an eight week term

(Membership Fees \$6.00 per annum applies)

For enquiries and bookings contact the office on 97042781

## KC KOREAN LANGUAGE & CULTURE SCHOOL

Days: Friday (Starting from 2nd February)

Time: 4.30pm to 7.30pm

For enquiries and bookings contact Clare on 0433 844 050 or

email: clare200268@hotmail.com

## ARABIC LANGUAGE SCHOOL FOR CHILDREN

Days: Saturday (Starting 3rd February)

Time: 10.30am to 1.30pm

For enquiries and bookings, please email: shattry@yahoo.com/

safaa\_saa@yahoo.com.



## **HEALTH & WELLBEING PROGRAMS**

#### MOBILITY FITNESS FOR WOMEN

No excuse not to exercise especially when you're in a safe space & trained by a qualified PT Deepa from Deeper Connections. Love the energy working out in small groups and enjoy a good mix of workouts.

Days: Friday (Starting 9th February)

Time: 9.30am to 10.30am

Cost: \$10 per session casual or \$80 for a 10 week term

(Membership Fees of \$6.00 per annum applies)

For enquiries and bookings contact the Office on (03) 9704 2781

## **ADULT YOGA (NEW)**

Come along for an Ultimate, Relaxing, Boosting & Energizing Yoga with Asanas.

Days: Monday (Starting 5th February)

Time: 9.15am to 10.15am

Cost: \$10 per session casual or \$80 for a 10 week term

(Membership Fees of \$6.00 per annum applies)

For enquiries and bookings contact the Office on (03) 9704 2781

## **SENIORS YOGA**

The class is inclusive of strength training, flexibility training and power yoga along with relaxing techniques.

Days: Tuesday (Starting 6th February)

Time: 8.00am to 9.00am

Cost: \$50 for a 10 week term or \$7 per casual session

(Membership Fees of \$6.00 per annum applies)

For enquiries and bookings contact the Office on (03) 9704 2781

# **HEALTH & WELLBEING PROGRAMS**

## **ZUMBA FITNESS**

There are a lot of ways to lose weight, some are just more fun. Join the ultimate Dance-Fitness Party that beats a boring old.

Days: Tuesday & Wednesday (Starting 23rd January)

Time: 7.30pm to 8.30pm

Cost: \$12 per session casual or \$90 for a 10 week term per session

(Membership Fees of \$6.00 per annum applies)

For enquiries and bookings contact Nishi on 0433 880 020 or Office on (03) 9704 2781

#### LINE DANCING

Come and enjoy some boot scooting fun with Meika. Great for beginners and experienced alike, no partner required.

Days: Tuesday (Starting 7th February)

Time: 9.30am to 11.30am
Cost: \$5 per session casual

(Membership Fees of \$6.00 per annum applies)

For enquiries and bookings contact the Office on (03) 9704 2781



## **PERFORMING ARTS**

### **VADI (VINOTH AND AMRUTHA DANCE INITIATIVE-NEW)**

Join us to learn South Indian and North Indian Cinematic dance moves, whilst keeping yourself active. General well-being is significant in our day to day lives and that's what we at VADI try to impart our students.

Days: Tuesday & Thursday (Starting 30th January)

Time: 6.30pm to 8.30pm

For enquiries and bookings contact Amrutha on 0469 546 652 or email: vadispace@gmail.com.

## **KATHAK DANCE (NEW)**

Known as Indian ballet, a classical dance form with beautiful expressions, hand gestures & intense footwork which makes it look magical!

Days: Monday (Starting from 5th February) Time: 6.30 pm to 8.30pm (1 hour session)

For enquiries and bookings contact Shikha on 0450 228 954

## SYNERGIA-MOVE WITH HARI (NEW)

Join Hari to discover your rhythm and dance to Indian blockbusters.

Days: Friday (Starting from 19th January) Time: 6.30pm to 8.30pm (1 hour session)

Age: 6 years & above

For enquiries and bookings contact Hari on 0406 515 950.

## PERFORMING ARTS

### **OKIE DOKIE DANCE**

Naomi runs our Hip-Hop dance sessions for both boys and girls which are aimed at providing your child with a happy fun experience, whilst building self-confidence and fitness. Casual pay as you go !! \$15 per child/adult per session, commencing 29th January.

Days: Monday(8-12years) Time: 4.00pm to 5.00pm

Days: Tuesday (2-4years) Time: 5.00pm to 5.30pm

Days: Tuesday(5-7years) & Wednesday(13-16years)
Time: 4.00pm to 4.45pm

Days: Wednesday (Adults) Time: 5.30pm to 6.15pm

\*(Membership Fees of \$6.00 per annum applies)

For enquiries and bookings contact Naomie on 0447 266 554

## **BOLLYWOOD DANCING (NEW)**

Join Shashila, a professional dancer & dance to Bollywood tunes.

Days: Thursday (Starting from 18th January)

Time: 5.30 pm to 6.30pm Age: 3-6 years old

For enquiries and bookings contact Shashila on 0450 488 312



## **PLAYGROUPS**

## **FACILITATED PLAYGROUP**



The playgroup is supervised and facilitated by our well qualified & experienced playgroup leader Jenny. The sessions are semi-structured with craft activities, songs, a story time segment and outdoor play.

Days: Wednesday (Starting from 7th February)

Time: 9.30 am to 11.30 am Age: Up to 4 years old

Cost: \$90 per term per child (Discounts apply for more than 1 child)

(Membership Fees of \$6.00 per annum applies).

For enquiries and bookings contact the Office on (03) 9704 2781.

## **CHEEKY MONKEYS PLAYGROUP**

For children who benefit from support with communication skills. Led by speech pathologists who help parents practice strategies to use at home.

Days: Tuesday (Starting from 6th February)

Time: 9.30 am to 11.30 am

For enquiries and bookings contact the Versalearn on 1300 787 404

## **PLAYGROUPS**

### **NATURE PLAYGROUP**

Relaxed sessions run in a safe environment for parents/carers and children aged 1-5 years and aim to connect kids to nature through fun activities and unstructured play.

Days: Tuesday (Starting from 6th February)

Time: 9.30 am to 11.30 am

Cost: \$90 per term per child (Discounts apply for more than 1 child)

(Membership Fees of \$6.00 per annum applies)

For enquiries and bookings contact the Office on (03) 9704 2781.





### **ADVENTURE PLAYGROUP**

This playgroup supports parents, Grandparents and caregivers, incorporating intergenerational Music, Art and cultural play based activities bringing together the young and young at heart.

Days: Thursday (Starting from 8th February)

Time: 10.00 am to 12.00 pm Age: Up to 5 years old

Cost: \$5 per session per child or \$45 per term per child

(Membership Fees of \$6.00 per annum applies).

For enquiries and bookings contact the Office on (03) 9704 2781.



## **SOCIAL & SUPPORT PROGRAMS**

#### **CONNECTING MUMS (NEW)**

Join this support group to make new friendships with/without your kids, laughter and a place to chat. Program includes activities like Sewing, Fitness, Music, Art & Craft and Health Information sessions. Refreshments will be provided.

Days: Friday (Starting 2nd February)

Times: 11.30am to 2.30pm

Cost: FREE (Funded by the Victorian State Government)

(Membership Fees of \$6.00 per annum applies)

For enquiries and bookings contact the Office on (03) 9704 2781.

### **HEALING WITH NICOLE (NEW)**

Women's circle sessions titled 'Afternoon Unwind' for women, include some gentle mindful movement, a beautiful Guided Meditation, self reflection through journaling, calming breathing techniques and a lovely sound healing. Nicole's aim is to 'nurture the nurturers' and create a calming peaceful space.

Days: Saturday (Every third week of the month starting 17th February)

Times: 2.30pm to 4.30pm

For enquiries and bookings contact Nicole on 0411 864 533

### **MYTIME**

MyTime is for all parents and carers of children under the age of 18 with a disability, chronic medical condition, or other additional needs including developmental delay. A place where you can unwind, and share ideas and experiences with others who understand.

Days: Friday (Every Fortnight starting 2nd February)

Time: 10.00am to 12.30pm

For enquiries and bookings contact the Kate on 0413 091 651 or Email katier@mytimevic.com.au. For more details, visit <a href="https://www.mytime.net.au/">https://www.mytime.net.au/</a>

# **SOCIAL & SUPPORT PROGRAMS**

## ADULT SEWING CLASSES (PRE-ACCREDITED)

Learn the basics or enhance your sewing skills while practicing your conversational English.

Run in partnership with Doveton Neighbourhood House.

Days: Monday (Starting 5th February) &

Wednesday (Starting 7th February)

Time: 9.30am to 12.30pm &

12.30pm to 3.00pm respectively

Cost: \$20 per Term per class

(\$6 Membership Fees per annum applies)

For enquiries and bookings contact the Office on (03) 9704 2781.

## **ENGLISH FOR CITIZENSHIP CLASS & EVERYDAY ENGLISH**

This class will work through the citizenship test preparation booklet and will provide Dari translation!

The afternoon class will cover conversational English, reading and writing including how to make a doctor appointment, driving directions, how to use your smartphone, and many more.

Days: Monday (Starting 29th January) &

Thursday (Starting 1st February)

Time: 9.30am to 2.30pm &

9.30am to 12.00pm respectively

For enquiries and bookings, email Megan at coordinator@springvalelac.org.au



# **SOCIAL & SUPPORT PROGRAMS**

#### **OAKGROVE WOMEN'S WELLBEING GROUP**

Join this support group in a safe, welcoming environment to connect, make friends, learn new skills (Art/Craft/dance), find employment/entrepreneurship pathways and access necessary support services.

Days: Wednesday (Starting 7th February)

Time: 10.00am to 12.00pm

Cost: FREE

(Membership Fees of \$6.00 per annum applies)

For enquiries and bookings call the office on (03) 9704 2781.

### **BOOMERANG BAGS SEWING GROUP**

Boomerang Bags is about connecting communities, making bags, diverting waste, starting conversations, fostering sustainable behaviour, and having a bit of fun!

Days: Friday (Every fortnight starting 2nd February)

Time: 10.00am to 12.00pm

Cost: FREE

(Membership Fees of \$6.00 per annum applies)

For enquiries and bookings call the office on (03) 9704 2781.

### **AMES AUSTRALIA**

The Skills for Education & Employment (SEE) program provides training to assist job seekers with English as an Additional Language (EAL) curriculum to cater for the students' Language, Literacy and Numeracy needs.

Days: Monday/Wednesday/Thursday

Time: 9.30am to 2.30pm

For enquiries and bookings contact Rakesh on (03) 8558 8877.

# **OAKGROVE EVENTS**

### **ANNUAL GENERAL MEETING**

We would like to invite all our Community members to attend the Annual General Meeting as a new Committee of Management will be elected.

Contact the office if you like to join the Committee of Governance.

Date: Tuesday, 12th March

Time: 1.15pm

To RSVP, please contact the Office on (03) 9704 2781.

#### **NEIGHBOUR DAY**

Join us for an Afternoon Tea to celebrate Australia's annual celebration of community, encouraging people to connect with those who live in their neighbourhood.

Date: Wednesday, 27th March Time: 1.30pm to 2.30pm

For enquiries and bookings contact the Office on (03) 9704 2781.

## **COMMUNITY SERVICES EXPO**

The Expo will have the local community participating in a number of health & wellness activities, with the event featuring Local Community Service Providers like Ambulance, Not-for-Profit Organisations, Centrelink, Legal Aid, Health and Wellbeing Services, etc.

The day will include children's activities such as jumping castle, face painting, henna, culturally appropriate food etc.

Date: Friday, 12th April Time: 11.00am to 2.00pm

To RSVP, please contact the Office on (03) 9704 2781 or

email office@oakgrovecc.org.au

# **VENUE HIRE**



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The Oakgrove Community Centre offers the following rooms for hire for your next function, community event, business meeting or training.

- Main Hall (maximum of 100 people seated)
- Meeting Room (maximum of 20 people seated)
- Multipurpose Room with an associated Playground (maximum of 20 people seated)

The fees structure is based around both business and community models for weekday and weekend hire.

#### Features:

- TV with audio visual system in the Main Hall
- TV in the Meeting Room
- Portable Whiteboard available for use
- Chairs and Trestle tables provided
- Kids tables and chairs available
- Kitchen with Fridge, Microwave , Induction Cooktop and Electric oven, BYO cutlery & pots
- Video Projector and microphone available for hire

We also hire the Multipurpose room with the associated playground for children's birthday parties. This is suitable for small parties of up to 15 children and is available week day afternoons and weekends.

For enquiries and bookings contact the Office on (03) 9704 2781.





89-101 Oakgrove Drive, Narre Warren South, VIC 3805 Phone: (03) 9704 2781

Office Hours

Monday to Friday 9.00am to 3.00pm

(during School Terms)

Email: office@oakgrovecc.org.au
Website: <a href="www.oakgrovecc.org.au">www.oakgrovecc.org.au</a>
Facebook: facebook.com/oakgrovecc.org
Instagram: Instagram.com/oakgrove3805



